Annotated Bibliography of a Depressive Mind State

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English 102

- Immense Factor of Financial Hardship
- “Two reviews published in 2013 and 2014 reviewed the literature on the relationship between debt and both mental health and physical health. They concluded that there was a significant relationship between personal unsecured debt or unpaid debt obligations and the increased risk of common mental disorders, suicidal ideation and so on” (Guan Para. 5).

- Partially Effective with Large Approach to Logos

- Academic Stress with Task Complexity
- “There are two different types of cognitive mindsets: fixed and growth. For example, a student with a fixed mindset may be more avoidant of some academic tasks in the fear of appearing unintelligent, as they interpret a lack of success as a reflection of their own, unchangeable ability” (Rullman Para. 6)

- Effective (Unrecognizable Pathos)
From Isolation to Dejection

“Another increasingly common cause of sleep problems is loneliness with up to one-third of people affected. The loneliness–depression link is well-established, with research showing that loneliness predicts depression over time, regardless of initial depression levels” (Wakefield Para. 3).

Effective with Great Emphasis on a Logical Appeal

- Ruminative Agitation

- “anxiety is the subjectively unpleasant feelings of dread over anticipated events, such as the feeling of imminent death.” (Parthi Para. 10)

- Outstanding Credible Appeal
Comparative Narrative

- All Article Concur with Sympathetic Responses
- Indirect Approaches from Main Gist
- Depressive Effects Should Not Be Underestimated or Underanalyzed
- Openly Educate Mindful Descension
Thank You!

Any Questions?