## **DISABILITY RESOURCES & SERVICES** TITLE IX: PREGNANT & PARENTING STUDENTS

Title IX states "no person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal assistance." This prohibits discrimination against pregnant and parenting students. It is illegal under Title IX for schools to exclude pregnant students (or students who have been pregnant) from participating in any part of an educational program, including extracurricular activities. Any special services provided to students who have temporary medical conditions must also be provided to pregnant students. A student's absence because of pregnancy or childbirth must be excused for as long as the student's doctor deems the absences medically necessary.

One of the accommodations granted when a student's doctor deems an absence medically necessary is modified attendance. To focus on student success, modified attendance requires a tremendous amount of communication to be successfully implemented as an accommodation in a post-secondary environment. Please see the following steps to student success with modified attendance:

- 1. Prior to the start of the semester, you should meet with each faculty member to discuss your previous history of absences (hospitalizations, illness, medication changes, etc.)
- 2. You should develop a game plan that will lead to your success. This plan should include:
  - a. A review of your assignments and due dates.
  - b. Clear expectations of how you will complete your assignments should you miss class.
  - d. Clear expectations of where you will submit your completed assignments should you miss class.
  - e. Clear expectations of how you will communicate. (e-mail vs. phone call / instructor vs. secretary)
  - f. Your need for support to find a qualified note taker. (if applicable.)
  - g. An understanding of how you will retrieve notes when you are absent.
  - h. Clear expectations of how you can make up in-class activities or quizzes should you miss class.
- 3. Division requirements to request an incomplete "I"

We also discussed the need to familiarize and add to your cell phone the contact information for all of your instructors, all of the Division Administrative Secretaries, and the Disability Resources & Services office. We shared that your primary contact, if you are absent, should be your instructors. We showed you how to contact your faculty via e-mail and where to locate information you may need on the South Mountain website. We encouraged you the make active use of office hours and to keep your faculty informed as to any life challenges that may negatively impact your health. Finally, we shared that being proactive rather than reactive regarding your course work has proven to be the greatest avenue for success for students who receive modified attendance as an accommodation.

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## **DISABILITY RESOURCES & SERVICES**

## **TITLE IX: PREGNANT & PARENTING CHECKLIST**

□ Write down or save the Disability Resources & Services (DRS office) contact information:

- We are located in Student Services building (SS), room 129.
- We are open Monday-Friday from 8am until 4:30pm (except major holidays.)
- We can be reached at 602-243-8395 or via DRS@southmountaincc.edu
- In the case of excessive absences or hospitalization, you should contact DRS for guidance.
- o Communicating with DRS does not replace the need to communicate with your instructors.

□ Obtain copies of your instructor's / division secretaries' contact information.

 Instructors usually provide contact information on the front page of their syllabus. Additional information is available in the SMCC Directory: <u>http://www.southmountaincc.edu/directory/</u>

□ Schedule a meeting with DRS and each of your instructors, or utilize your instructor's office hours.

 Discuss your previous history of absences (hospitalizations, illness, medication changes, etc.). You are not required to provide your diagnosis. Instead, focus on your accommodations or how your disability has impacted your attendance in the past.

□ Provide instructors / division secretaries / DRS office with your contact information.

- This may be a cell phone number, email address, and/or an emergency contact's information.
- Only provide an email address or phone number if it is current, and easily checked.
- Your instructor may attempt to contact you in the event of an unplanned absence.

□ Work with your instructor and DRS to develop a study plan that will lead to your success.

This plan should be recorded (via email, or in writing, etc) and include:

- A review of your assignments and due dates.
- Clear expectations of how you will complete your assignments should you miss class.
- Clear expectations of where you will submit your completed assignments should you miss class.
- o Clear expectations of how you will communicate. (e-mail vs. phone call / instructor vs. secretary)
- Your need for support to find a qualified note taker (if applicable.)
- An understanding of how you will retrieve notes when you are absent.
- Clear expectations of how you can make up in-class activities or quizzes should you miss class.

□ Keep your faculty and the DRS office informed; Communicate early and often.

• If you are unexpectedly absent you must notify your instructors. You are still responsible for all required coursework completion.

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